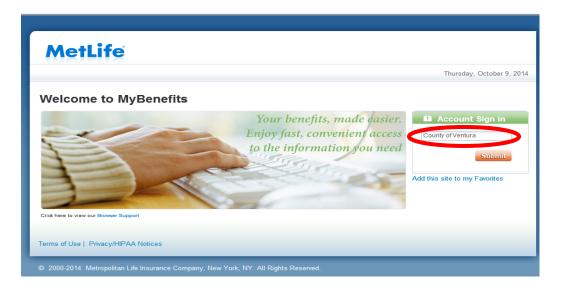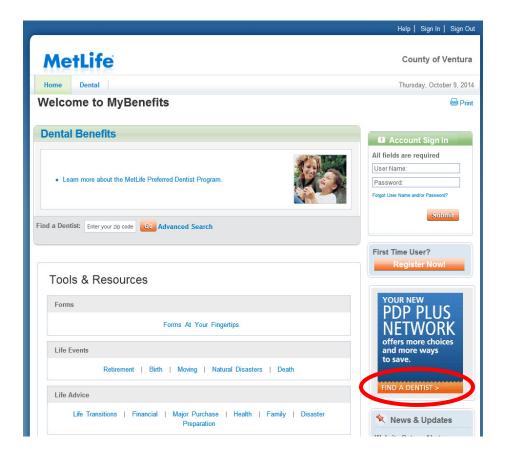# MetLife Dental PPO Plan Provider Search

- To search for a MetLife Dental in-network provider, go to http://www.metlife.com/mybenefits:

    o Under Account Sign In, type **County of Ventura** and hit the **Submit** button:

    o Click on "Find a Dentist":

*** Please note: MetLife does **NOT** send out ID cards. However, one can be printed from this website if the member registers for an account (see Account Sign In section on above screen print).